



FOR IMMEDIATE RELEASE

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**Tea and Talk Panel Discussion on Women’s Health For
Breast Cancer Awareness Month**

ROCKLEDGE, FL, October 2, 2019 – Here for the Girls, Inc. and Myriad Women’s Health invite the public to attend a Tea and Talk panel discussion on women’s health from 2 to 4 p.m. October 26 at Space Coast Health Foundation. The panel, comprised of three women with diverse expertise related to women’s health issues, will lead a discussion on how women can best take charge of their health and be their own best advocates.

“October is Breast Cancer Awareness Month, but as a nonprofit offering support to young women with breast cancer, we want to help women move beyond awareness and into action,” says Victoria Riley, Program Director for Here for the Girls, a nonprofit with the mission to improve the lives of young women affected by breast cancer. “Our panelists will share their unique perspectives on how women can approach breast health and be proactive when it comes to breast cancer risk and overall health.”

The panel discussion, titled “Tea and Talk: A Conversation About Women’s Health,” is free and open to the public, and will feature a Q&A session afterwards, as well as light refreshments. It will take place at Space Coast Health Foundation at 1100 Rockledge Blvd. Panelists include:

- Rene Bowditch, Co-Founder of Here for the Girls, Inc., and breast cancer survivor. She is a lawyer and former adjunct professor at William & Mary Law School, as well as a speaker on women’s health issues.
- Dr. Tanya Taival, an obstetrician-gynecologist in Titusville, Florida, and affiliated with multiple hospitals in the area, including Parrish Medical Center and Rockledge Regional Medical Center.
- Katya Lezin, ovarian cancer survivor, patient advocate, and author of “But I Just Grew Out My Bangs! A Cancer Tale,” a memoir, among other titles. “Within the realm of bad luck of having cancer, the fact that mine stemmed from the BRCA-1 mutation was nothing but good luck,” Lezin says.

“Tea and Talk: A Conversation About Women’s Health” is co-hosted by Myriad Genetics, Inc., a leading personalized medicine company dedicated to being a trusted advisor transforming patient lives worldwide with pioneering molecular diagnostics.

Read more about the event at hereforthegirls.org/getinvolved. Email info@hereforthegirls.org with questions.



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Here for the Girls, Inc., is a Virginia-based 501(c)(3) improving the lives of young women affected by breast cancer. We do this through in-person support groups (a support service we call Beyond Boobs!) across Virginia and in select locations in North Carolina, Florida, and Texas; we also support young survivors across the country through our private, online support community (a support service called Pink Link).

For more information, visit us at hereforthegirls.org